







Bound on the west by the Skeena Mountains, and on the east by the Rocky Mountains, the traditional territory of the Takla First Nation spans over 27,000 breathtaking square kilometres of north central British Columbia, Canada.

Our history and tradition have been rooted for thousands of years in the sprawling northern forests, flowing rivers, and towering mountains.



Stories are hidden in ancient trails and gathering places, creating a bridge that connects us with the knowledge of our ancestors, our lands and our resources.

Among the wilderness is our community, vibrant with culture and spirit, waiting to share our history and tradition with you.



A Culture

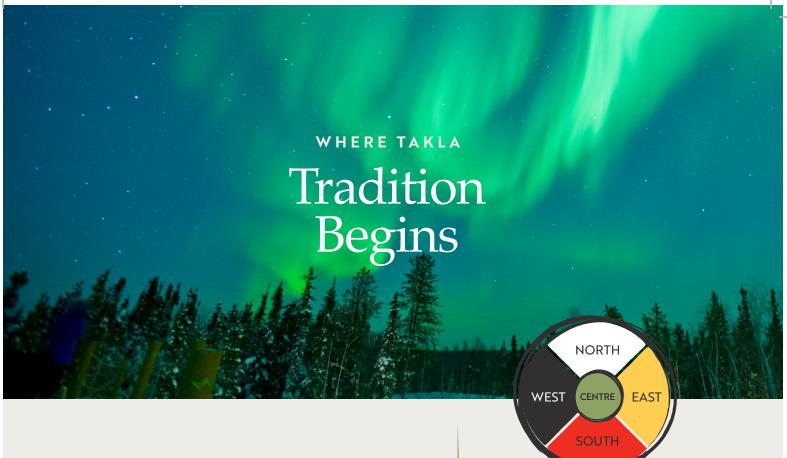
FORGED DEEP IN THE WOODS

The Takla Nation was isolated deep in the woods until the 1950s when the forestry industry brought in service roads.

Today, the community of 250 residents lies 320km north of Prince George, British Columbia on the picturesque eastern shore of Takla Lake, also known as Takla Landing.

The Takla people are strengthened by ceremony and the spiritual practices that bind us to our history.

Experience, learn and be immersed in these traditions that have shaped our culture for thousands of years.



Our spiritual practice starts with the Takla medicine wheel.

The circular shape, and the five elements of the wheel represent how our physical, emotional, mental, and spiritual practice connects.

Through this medicine wheel we develop teachings and laws which guide us through life. Whenever we start a ceremony we start by acknowledging these four directions and those teachings they provide us.

These teaching are what we use to maintain a healthy mind, body and spirit.

NORTH > WHITE

Air / Animals / Recieve Energy Mental Aspect / Wisdom and Logic

WEST > BLACK

Earth Physical / Holds Energy Physical Aspect / Introspection & Insight

SOUTH > RED

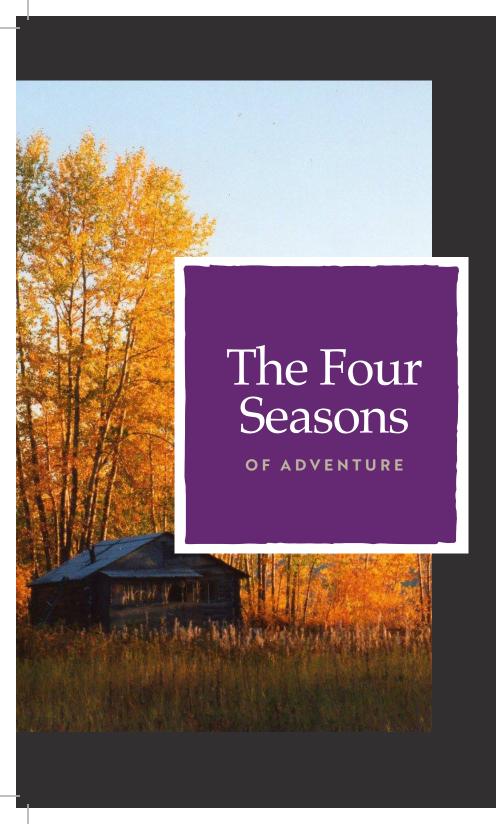
Water / Plants / Gives Energy Emotional Aspect / Trust & Innocence

EAST > YELLOW

Sun / Fire / Determine Energy
Spiritual Aspect / Illumination & Enlightment

CENTRE > GREEN

Learning / Self / Beauty & Harmony







WINTER

Untouched kilometeres of snow covers trees and mountain tops, while lakes and rivers are concealed with heavy ice.

Practices solidified thousands of years ago for survival over longer winter months are carried on in new and old ways.

Trapping and harvesting of animals with thicker furs supports the creation of warm clothing and crafting. Ice fishing and setting nets under the ice ensures another source of food, and snowshoeing becomes a necessity for navigating the winter landscape.









SPRING

The spring is busy with work and preparation, as the temperatures rise and the ice starts to melt.

Nets are set for rainbow trout, and beaver pelts are harvested and prepared to keep hunters dry during fall and winter months. Hunting season is active for bears, specifically bear grease used for cooking and medicines. Geese migrating back north are also hunted for feathers to make pillows and warm clothing.



SUMMER

The summer is a time of celebration. Families meet and gather for traditional ceremonies and meetings like potlatches where we discuss the future of our Nation and deal with internal business.

This is also the time of mountain harvest for mountain goat, groundhog, caribou, and salmon. The forests are ripe for berry picking, and the harvesting of plants and other medicinal ingredients.

The warmth and sunshine is enjoyed through fishing and hiking, while preparations slowly start again for the coming winter.



FALL.

Fall is a shorter season, as the focus turns quickly towards preparations for winter. The backdrop is filled with colour and life as the leaves start to change and gather on the forest floor.

Meat is hung from trees to prepare for winter or put in underground pits to stay cool. Moose are hunted and nets are set for salmon, char and white fish. Fish are jarred and dried for upcoming gatherings such as potlatches or for winter food.

The fall is also time for spiritual fast
– a vision quest for two days and two
nights with no food or water.



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